

**R**

**K**

# Maximising building use

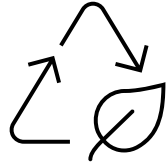
The potential  
for commercial  
office retrofit

V1.3 (CfEA)

**D**

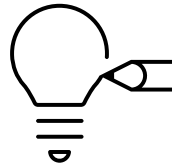


# Building Reuse



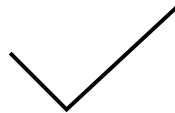
## **Sustainability**

Building reuse saves embodied carbon, reduces construction waste and enables a circular economy.



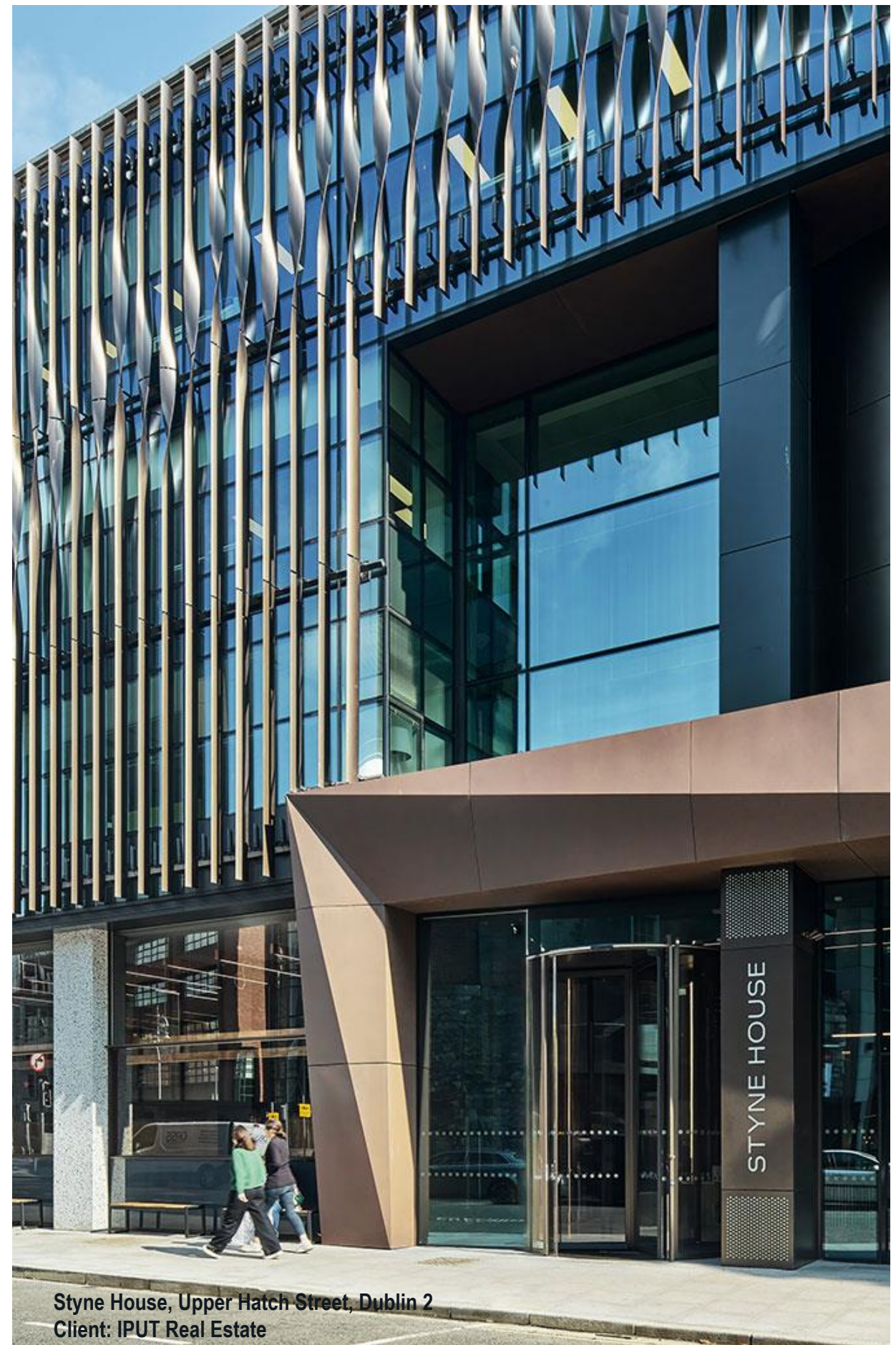
## **Imagination**

Re-use can improve existing structures into more attractive and better-quality assets.



## **Action**

RKD have experience with this, and we are doing it with great results. What we are seeing is the potential to reinvent older, less-desirable buildings, into better ones.

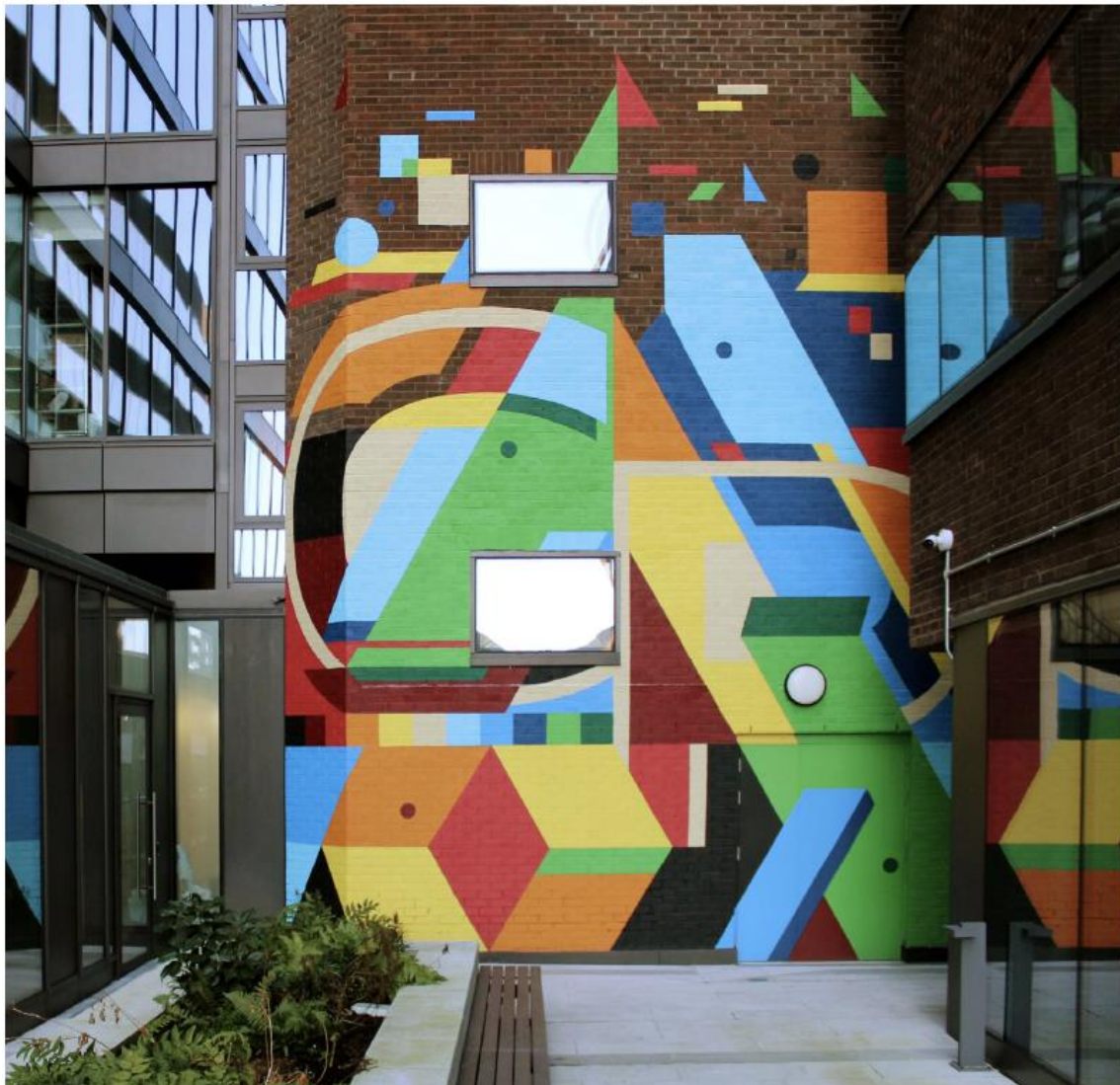


Styne House, Upper Hatch Street, Dublin 2  
Client: IPUT Real Estate



# Towards Net-Zero Whole Life Carbon Emissions

Lessons from an Irish Case Study  
1 Cumberland Place



Introduction

p.04

What is Net Zero?

p.08

Case Study

p.12

# DRIVING EXISTING BUILDINGS PERFORMANCE TOWARDS NET ZERO IS POSSIBLE







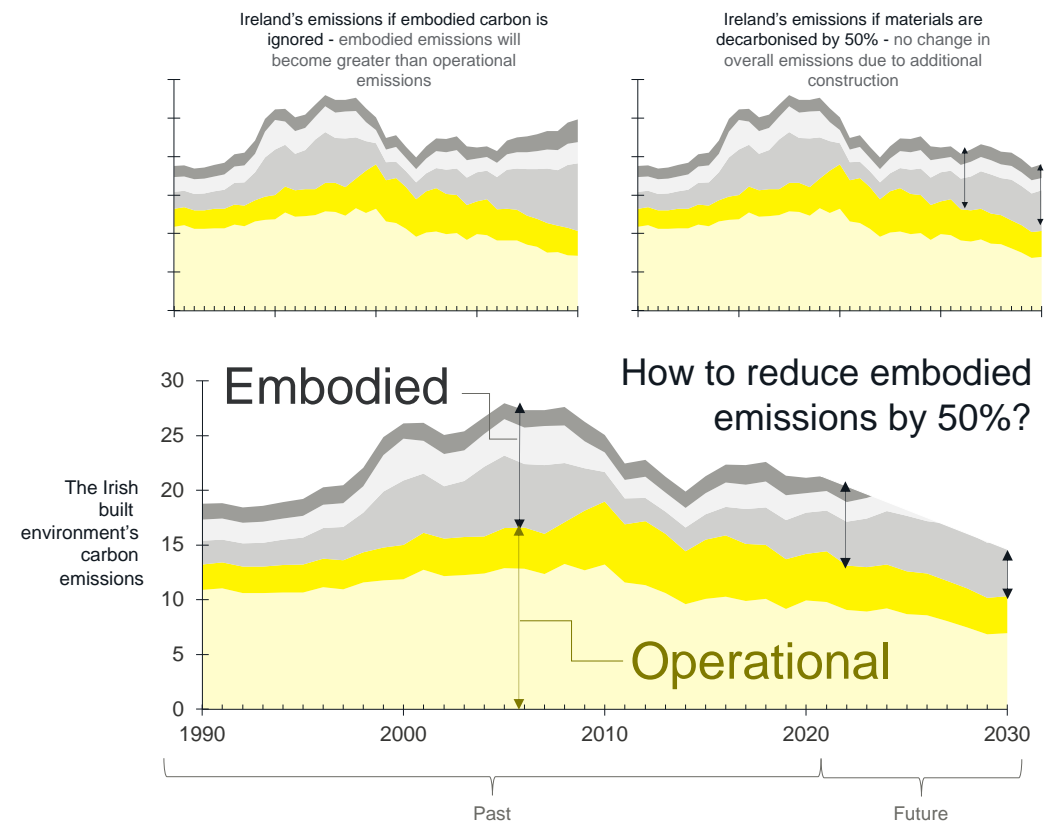
**Project: Dublin Landings**  
**Client: Ballymore**

# Ireland's built environment

**Ireland's built environment accounts for 37% of national emissions.**

*The split is 2:1 between operational and embodied carbon*

Reducing emissions through material decarbonisation is insufficient. We need to also make best use of what we already have.



Data adapted from: R. O'Hegarty and O. Kimane, "Whole life carbon quantification of the built environment: Case study Ireland," *Building and Environment*, vol. 226, p. 109730, Dec. 2022, doi: 10.1016/j.buildenv.2022.109730.

# Real estate match-making

## Vacant spaces



- Low grade offices
- Decommissioned factories
- Derelict buildings
- ...

## Emerging demands



- Energy efficient homes
- Educational buildings
- Manufacturing facilities
- Technology hubs
- Community centres
- A new workspace
- ...

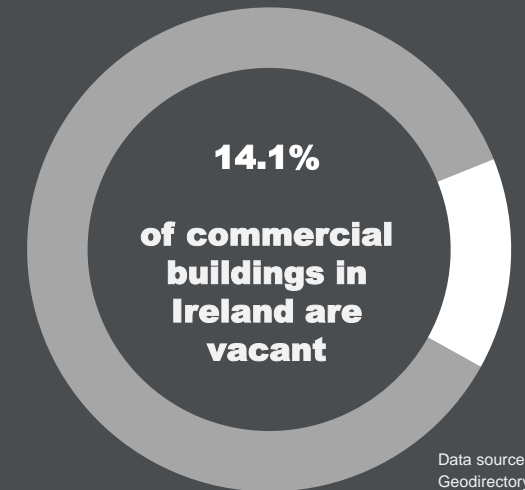


## Design thinking



# Understanding empty commercial space

**Nationally** ■ there are 210,607 commercial buildings in Ireland. 29,798 are vacant.



Data source:  
Geodirectory 2023  
Q2

**The vacancy rate of older buildings is at risk of increasing further**

**Dublin** ■ is the commercial hot spot. A quarter of commercial address point are located here and 650,321 m<sup>2</sup> of office space is vacant according to the JLL Dublin Office Market Report Q4 2023.

## Data health check

Data on vacancy is a subject of intensive research with multiple different data sources used and analysed. The *Central Statistics Office* and the *Geodirectory* report different vacancy figures. For residential buildings there is almost a two-fold difference depending on source used. O’Callaghan and Stokes [2] succinctly describe the challenge of understanding the number and type of vacant properties: “vacancy data has been produced as the de-facto data exhaust from other data collection priorities” while Crowe et al. [3] reviewed the methods used across three international case studies.

# What will our building stock look like in 2050?

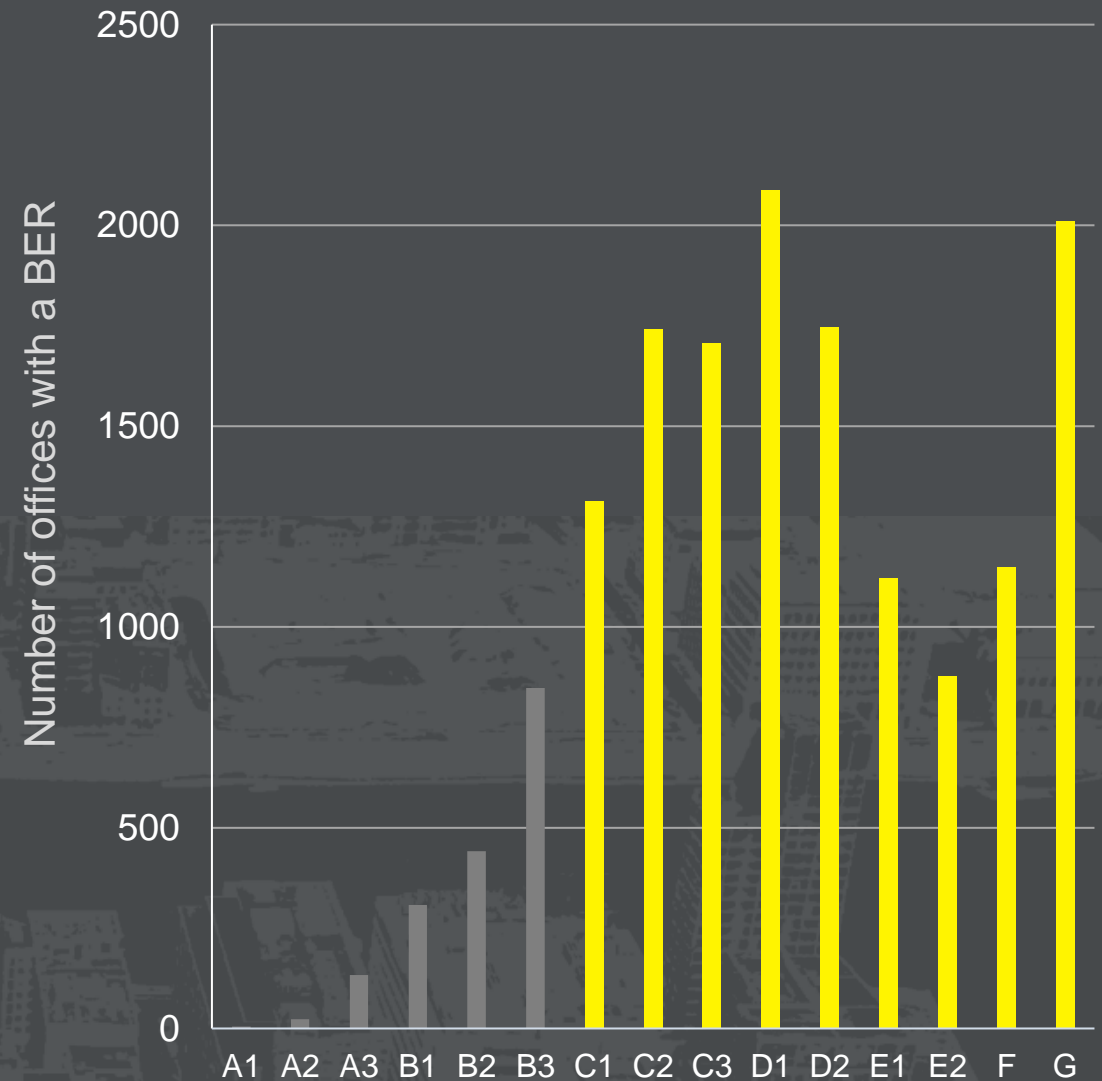
*“New buildings are more energy efficient, but 80% of buildings that will be standing in 2050 have already been built.”*

<https://www.theclimategroup.org/our-work/news/energy-efficiency-measures-will-lead-way-net-zero-buildings#:~:text=New%20buildings%20are%20more%20energy,emissions%20for%20decades%20to%20come.>

**Solutions are needed to improve these older, poorer performing buildings**

**80%**  
of our buildings have already been built

# Ireland's office stock diagnosis



**85%**  
of Irish office buildings are below a B energy rating

Data source: SEAI non-residential Ber filtered for offices



**THE MAJORITY OF OUR  
COMMERCIAL BUILDINGS  
ARE FACING A CHALLENGE**

**WE BELIEVE THESE CAN BE  
THE OFFICES OF THE  
FUTURE**

Project: 6-8 Hanover Quay  
Client: Bennett Properties  
Shell and Core Architect: RKD  
Airbnb Fit Out Architect: Heneghan Peng Architects





# 16 St. Stephen's Green Case Study

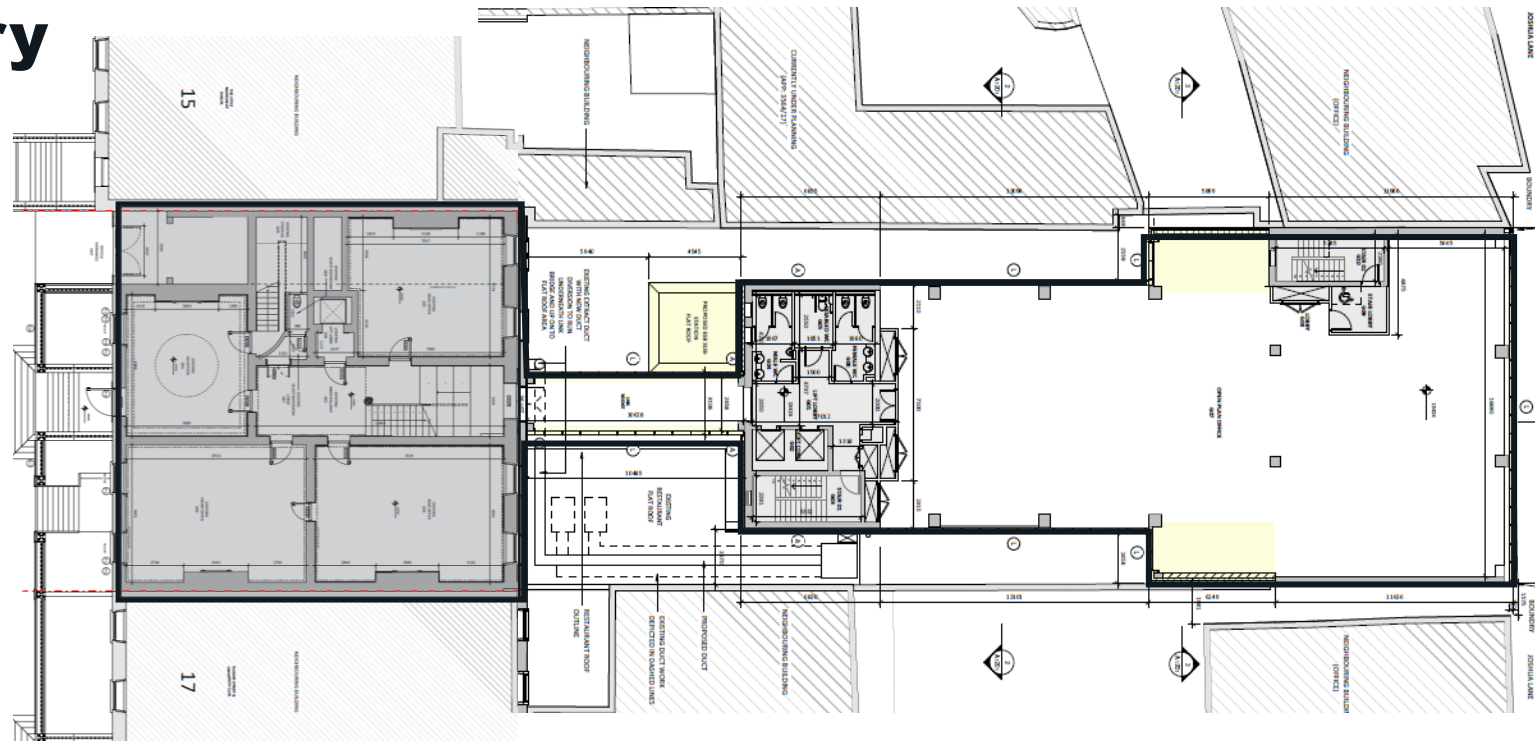
<b>Client</b>	October Investments
<b>Tenant</b>	Multiple
<b>Location</b>	Dublin, Ireland
<b>Area</b>	8,200 sq. m
<b>Cost</b>	€18m
<b>RKD Team</b>	Commercial Fitout + Interiors Sustainability

1980's extension at the rear of historic buildings upgraded to modern office standards. Historic building to the front restored and upgraded as office space/

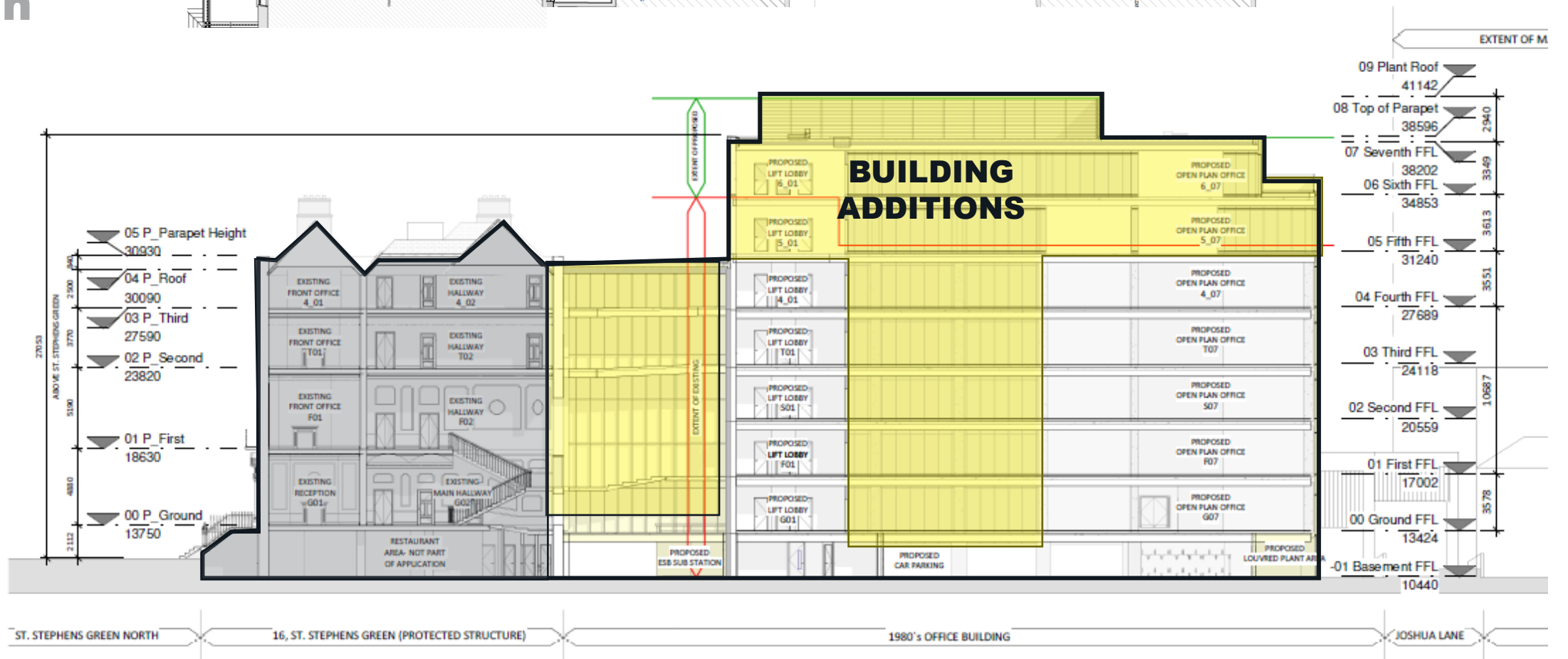


# Project Summary

**ST. STEPHEN'S GREEN**



# Floor Plan



# Long Section

**HISTORIC BUILDING**  
(PROTECTED STRUCTURE)

**LINK BRIDGE**

**1980s OFFICE BUILDING**





# Restoration + Renovation

Scope of the project  
Historic Georgian Building  
1980's Office Building



Project: 16 St. Stephen's Green  
Client: October Management





## Historic Georgian Building

# BEFORE

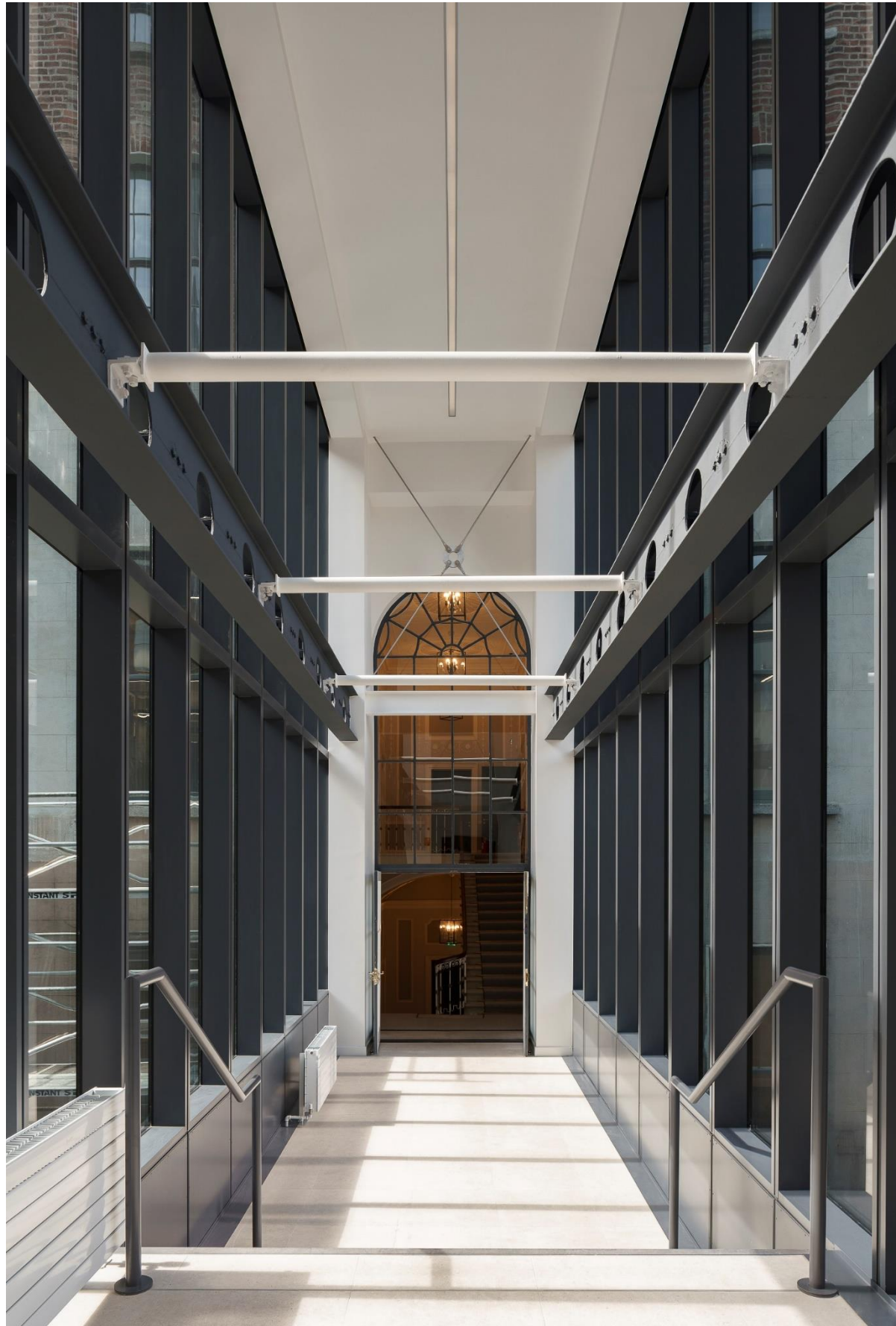
The original house was built in circa 1779

Restoration works included:

- Removal of modern hung ceilings to reveal original lath ceilings
- Removal of the ivy on the front façade
- Repointing of brickwork
- Restoration of the façade details like the stone pediments and balcony ironwork







# HISTORIC BUILDINGS CAN MAKE GREAT OFFICE SPACE







## **AFTER**

- Cat A Fit Out
- New RAF
- New Ceiling
- Upgraded bathroom / lift / lobby stair cores



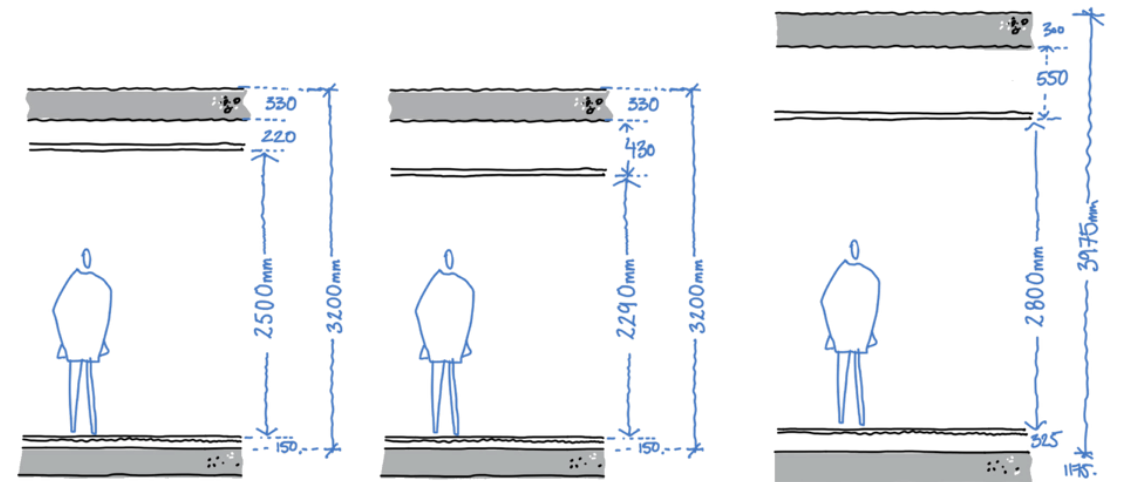




# TECHNICAL CHALLENGES

## Vintage 1980's Building

- **Structural repair works** to the concrete frame
  - Rebar only 25mm to edge
- **Thickening of floor slabs** to achieve required fire rating
  - 75mm with screed on top
- **Floor to ceiling heights**
  - BCO standard is 2,700mm + 600mm ceiling
  - Achieved 2,400-2,500mm on most floors
  - New build extension on top two floors okay
  - 175mm clear ceiling void for ducting and cable trays
- **Raised access floor**
  - Only 35mm clear (typically this would be 150mm)
  - Cable trays grinded into floor slab



## Historic Georgian Building

- Exempt from a **Fire Safety Certificate** for single occupancy
- Challenging to achieve **multiple occupancy**
- **Conservation and restoration** challenges





1980s Building  
**BEFORE**



D-



**AFTER**



A+

### Sustainability

- LEED Gold / mostly achieved by location
- Mechanically ventilated with air handling units – fan coil system
- Solar panels on the roof
- New tech options for broadband
- New cycle parking facilities and showers



Targeted certifications.  
The protected structure is exempt.





## KEY TAKEAWAYS

**Decision to retain was commercial** rather than for ESG.

**Embodied carbon** was not a consideration at the time.

**Demolish and rebuild** could have been quicker because of the structural repair works.

**Quality of existing structure** needs to be assessed before making the decision to retain and renovate.

Many **design decisions** were taken on site after surveys rather than at pretender design stage.

**Surveys are important** at each stage existing  
Survey post demolition by contractor can be point cloud 3D

Always going to be **compromises and limitations** compared to a new build like ceiling heights / fire rating etc.

Moving forward. Can we consider:

- Financial cost comparison of all the repair work versus the cost of a new frame?
- What is the financial cost comparison of all the building services replacement?
- What is the carbon cost comparison of retain versus replace?



# What does the research say about the office?



Styne House, Upper Hatch Street, Dublin 2  
Client: IPUT Real Estate

IDENTITY AND A  
RECOGNISABLE HQ  
FOR CORPORATE  
BUSINESSES

LIGHT, BRIGHT,  
BREATHEABLE SPACES



1+2 Dockland Central, Dublin 1  
Client: Hibernia REG





Project: 20 Kildare Street  
Client: Kennedy Wilson

# THERE IS AN “S” IN ESG

IN A MORE DIGITISED WORLD,  
THE OFFICE CAN BE THE  
PHYSICAL EMBODIMENT OF  
YOUR **SOCIAL** VALUES

Contemporary materials create a vibrant look and feel that is attractive to building users. People interact in spaces that are inviting



Project: One Microsoft Place  
Client: Microsoft





**Placemaking is important for the attractiveness of the office**

Project: 20 Kildare Street  
Client: Kennedy Wilson





# What **else** does the research say about the office?

## THE WORKPLACE OF THE FUTURE NEEDS TO BE **FLEXIBLE** AND (AT LEAST) PARTLY **DIGITAL**.

The precise wording differs from one study to the next, but the core message is similar: employee's needs, personalities and objectives are all different and the workplace needs to become more flexible to adapt to these needs.

### Frank Knight / Yours [7]

"The role of the workspace is undoubtedly shifting in line with rapidly changing demands.

**Flexibility**, wellbeing, and collaboration are in - while set desks, unoccupied workspace and grey, boring offices are out."

### Baranski et al. [8]

"Theoretically, this could be accomplished with a variety of available workstation options or with **dynamic**, functionally flexible designs."

### HKS [9]

"A workspace may slide between cloudprint and footprint, requiring flexible and holistic systems"

### Tudu and Singh [10]

"It is evident that technological advancement revolutionized the work culture and changed the concept of work and business practices from manual to **digital**, and local to global."

### Dittes et al. [11]

"Along with increasing flexibility, employees also crave **balance and structure** when, for instance, it comes to the blurred boundaries between private and business life."

### Hassell [12]

"How flexible office buildings will create value in the new world of work"

### McKinsey [13]

"...in recent decades may be influencing a shift that takes work to the people, for instance, in more flexible long-term **remote or hybrid** models."

### Accenture [14]

"supportive leadership and digital upskilling are 1.5x-2.5x as impactful in driving a "productive anywhere" mindset as the ability to work flexibly."

### Deloitte [15]

"The ideal workplace is not just a physical site dictated by tradition, right, or necessity—but wherever work is best done."



# Old offices Today's requirement



**Centrally** accessible locations

**Cycling** end of trip facilities

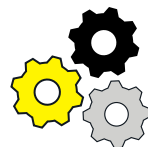


Quality **lobby + building facilities**

Access to external spaces with **landscaping**



Good local **amenities** like cafés, bars and restaurants



**R K D**

Collaborative solution

Understand your building | **Commercial**  
Revitalise your space | **Interiors + Workplace**  
Ensure environmental credibility | **Sustainability + Research**



Project: 20 Kildare Street  
Client: Kennedy Wilson



Baggot Plaza



Baggot Plaza, Dublin 2  
Client: Kennedy Wilson

# Making a case for Reuse

## Incentives, risk, regulation and perception

The incentive to act comes in the form of risk, and there are two types that impact real estate – *physical* and *transitional* risk [16]

*Physical risk* is the risk imposed by a rapidly changing climate.

*Transitional risks* come in the form of rising costs of energy and the pricing-in of carbon emissions, building regulations, as well as market perception.

### THE COST OF CARBON

Buildings which require less energy are less costly to operate for asset owners and tenants and are, hence, more attractive. Less energy = less carbon = less cost.

### REGULATORY CHANGES

The latest version of the Energy Performance of Buildings Directive (EPBD) [18], targets existing buildings for the first time. The worst performing buildings will have to be renovated by 2030 or before.

### MARKET PERCEPTION

Most of the world's largest companies have been measuring, reporting and trying to reduce their carbon emissions for several years



# Key Challenges



## There is no universal solution for building reuse

- Different buildings require a different approach.
- Categories of old building type have consistent themes:
  - a) Heritage / historical buildings
  - b) Vintage 60s – 90s blocks
  - c) Modern 00s blocks



## Potentially cost prohibitive

- There is hesitancy to spend ~ 60-80% of cost of new build and the end-product is sub-standard to a new build with low floor to ceilings, and narrow floor plates.
- Cost certainty is challenging.
  - High contingency required.
  - Unknown building conditions
  - Hard to predict compared to new building projects
- Smart technology and solutions are needed to make this work.



## Building Regulation Challenges

- Older buildings generally may not comply with today's building regulations and may require upgrades to be compliant
- Building control / DAC / Fire / Heritage and planning – Costs
- Condensation / façade / building conditions

Project: 6–8 Hanover Quay  
Client: Bennett Properties  
Shell and Core Architect: RKD  
Airbnb Fit Out Architect: Heneghan Peng Architects







**Thank you!**

**Data Centres + Technology | Life Sciences | Manufacturing +  
Logistics | Commercial | Education + Healthcare | Workplace +  
Interiors | Sustainability + research**