



4th CitA BIM Gathering 26th September 2019, Galway, Ireland.

Delivering **better outcomes** for Irish Construction





Assessing the viability of applying Lean, Green & BIM principles in Office Fit-out Projects

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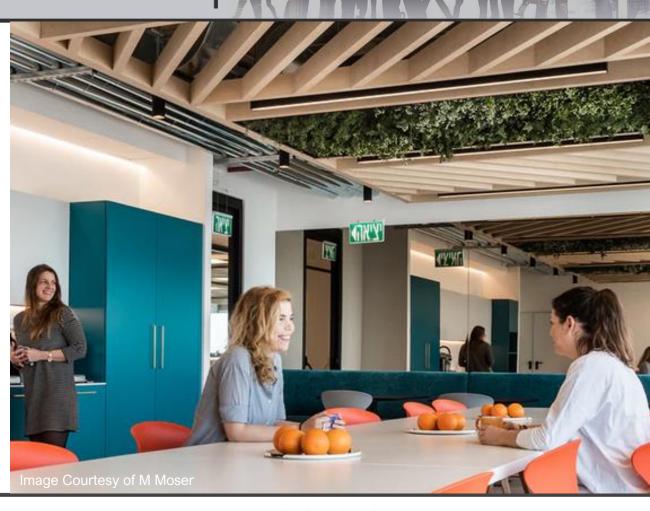
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Why?

£3.7bn 69%

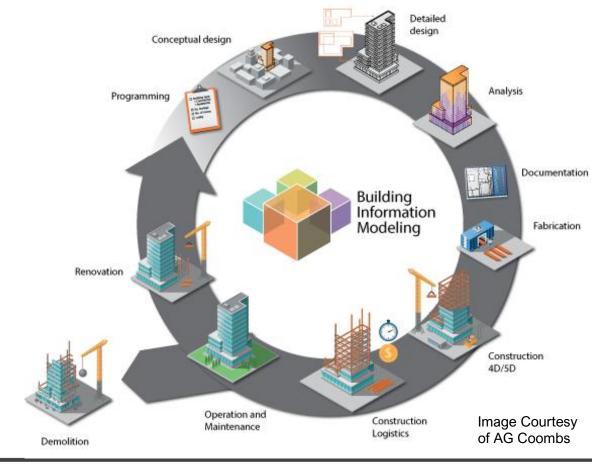




BIM



Building Information Modeling (BIM) is an intelligent 3D model-based process that gives architecture, engineering, and construction (AEC) professionals the insight and tools to more efficiently plan, design, construct, and manage buildings and infrastructure.



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LEED



LEED (Leadership in Energy and Environmental Design) is a voluntary rating system to certify sustainable buildings and neighbourhoods.

The percentage of time spent indoors by the average person.





Source: US Green Building Council



WELL



WELL is the leading tool for advancing health and well-being in buildings globally. Register your office, building or other space to leverage WELL's flexible framework for improving health and human experience through design.

Quality standards including filtration, cleaning AIR protocols, microbe control, material safety Testing and monitoring to control public water WATER additives and system contaminants Promotion of healthy food options, nutrition **NOURISH-**MENT labeling, safe food preparation and sourcing LIGHT Active design, enhanced ergonomics, activity **FITNESS** incentives, and structured fitness programs Physical and visual ergonomics; thermal, COMFORT olfactory, and acoustic comfort Organizational policies and transparency, bio-MIND

Source: International WELL Building Institute

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philic design, flexible and adaptable spaces



Lean



Lean construction is a process to maximise efficiency, avoid waste, minimise costs, maximise value to customer, enhance collaboration, and drive continuous improvement.



Defects

Efforts caused by rework, scrap, and incorrect information.



Overproduction

Production that is more than needed or before it is needed.



Waiting

Wasted time waiting for the next step in a process.



Underutilizing people's talents, skills, & knowledge.



Unnecesary movements of products & materials.



Inventory

Excess products and materials being processed.



Motion

Unnecessary movements by people (e.g. walking).



More work or higher quality than is required by the customer.



Research Process



- Qualitative Analysis of previous research
- Interviews with Industry SME

























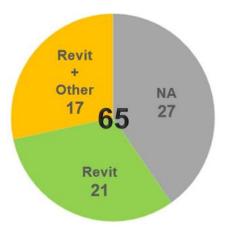


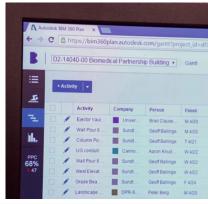
Research Outcome



- LEED supported by BIM
- WELL supported by BIM
- Lean supported by BIM







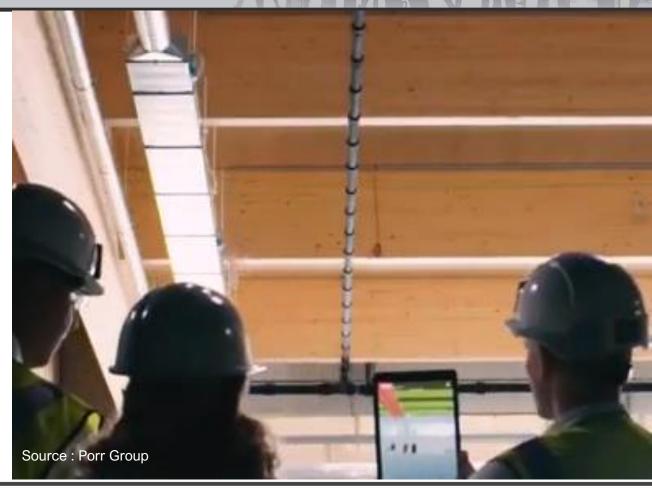
Source: Chen, Gan, Chen, Cheng 2018



Research Outcome



- Appoint a champion
- Take a people & process view and select technologies to support them, there is no 'one size fits all'
- Start with a pilot project
- Develop an integrated process flow
- Take a life cycle view





Future Research



- Case Studies
- Process Application & Improvement
- Post Occupancy Evaluation
- Internet of Things

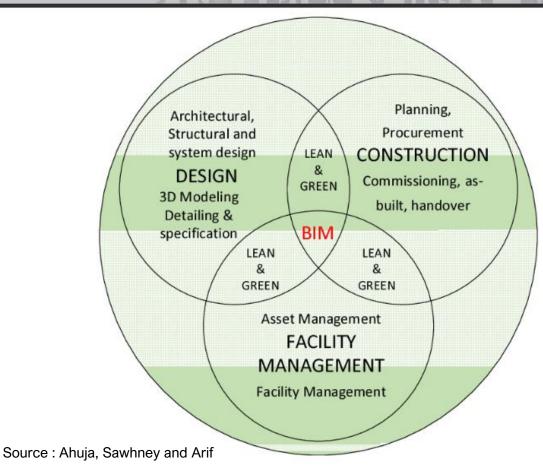




Summary



- BIM supports Lean, LEED and WELL initiatives
- Most efficient when all are applied at the same time
- Further benefits can potentially be gained through integration of IoT.







Questions?



Thank you

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